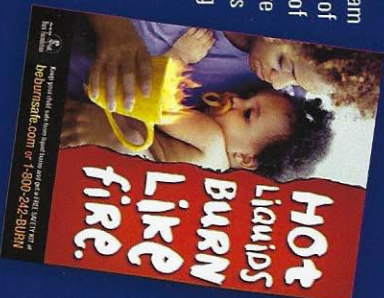


BURN PREVENTION

The Alisa Ann Ruch Burn Foundation is dedicated to preventing burn injuries through education. Our programs include:

Scald Prevention

Our Protect Your Child program alerts new parents to the dangers of scalding due to hot liquids. 65% of burn injuries to children under 4 are due to scalds caused by hot liquids and food. Use care when drinking hot liquids, such as coffee and tea, and turn your pot handles in so they are out of reach of little hands. Water heaters should be set to 120°F (lowest setting) to avoid accidental scalding.



Fire Fighters in Safety Education

We work with firefighters to bring vital fire safety and burn prevention education to schools.

Stop, Drop & Roll

If your clothes catch on fire, stop where you are, drop to the ground, cover your face with your hands and roll on the ground over and over until the flames go out. This technique will smother the flames and put the fire out.



Cool-A-Burn

Keep burns under cool water for at least 3-5 minutes. Never use butter, lotion or ice on burn.



SURVIVOR SUPPORT

We support survivors' immediate needs, connect them with resources for coping with and managing their injuries, and engage them in a loving community of peers.

Hospital Support

AARBF is committed to meeting the needs of survivors and their families associated with a burn injury. Survivor assistance programs are designed to relieve situations that may impede the healing and recovery of the burn survivor. Services include: Food, Accommodations, Phone Cards, Transportation assistance (taxi vouchers, bur passes, or gas cards).

Support Groups

Support groups are provided for burn survivors, their loved ones, caregivers and burn care professionals. AARBF's burn support groups are based on a self-help model to provide a safe place to share and learn from others.

Peer Support

AARBF strives to connect burn survivors who can act as guides and mentors for one another. Trained volunteers, who know what a burn survivor is going through, offer support at the hospital and home or over the phone.



School Re-Entry Programs

For a child, returning to school or simply changing schools after a long hospitalization can be daunting. AARBF helps assist in a successful transition by educating students and teachers about the burn injury experience, offering students and teachers a chance to ask questions and intervening when children are experiencing bullying, unwanted stares or hostile reactions to their burns.

Elwood And Louise "Bridge To Life" Scholarship

Scholarships are available to assist burn survivors pursue higher education.

Resources and Referrals

AARBF works diligently to provide the appropriate program and services for burn survivors throughout California. If AARBF is unable to provide a particular program or service, AARBF will research services and provide referrals.

CAMPS AND RECREATION

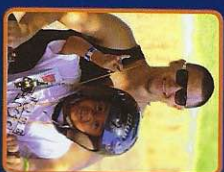
AARBF Camps and Recreational Activities provide a supportive atmosphere among burn survivors that encourages self-acceptance and fun.

Champ Camp

A week-long camp for burn injured children between the ages of 5 to 16 years old that spotlight the "inner beauty" not the burn scars.

Young Adult Summit

A weekend for burn survivors ages 16 to 20 years old. The Summit is an opportunity to address issues and concerns faced by teenagers and young adults with burn injuries.



The Getaway

An extended weekend retreat for adult burn survivors, family and support network, which includes support groups, workshops and fun with loved ones.



Burn Survivor Events

An important aspect of recovery is group interaction. Social activities throughout the state bring burn survivors and their families together. Special events include: Holiday Parties, Sporting events and Ski and Surf Trips.

