

★ X Ray must be read within 1 (one) hour of insertion ★

PHYSICIAN'S ORDER SHEET FOR INITIATING TUBE FEEDING PROTOCOL: ADULT BURN and TENS

M.D. ORDER GUIDELINES

1. Nutrition consult: Registered Dietitian (RD) to **recommend** tube feeding orders, fluid flushes and monitor. (Unit staff must enter into computer).
2. Insert feeding tube or use existing tube. Confirm placement of new feeding tube with x-ray.
3. Start Promote (or \_\_\_\_\_)  
Begin @ 30 ml/hr (or \_\_\_\_\_)  
Increase 20 ml q 6-8 hours (or \_\_\_\_\_)  
to a goal of 90 ml/hr (or \_\_\_\_\_),  
as tolerated, via feeding pump.

4. Weigh patient ~~weekly~~ **DAILY**

NOTE: TOLERANCE EVALUATION

5. If diarrhea occurs:
  - a. Reduce rate by half
  - b. Flush 1 packet of Banatrol Plus mixed with 30ml water every 8 hours via feeding tube. Flush tubing before and after administration with 30ml sterile water.
  - c. If diarrhea persists after 8 hours, hold feeding and contact M.D.

6. LAB ASSESSMENT

\_\_\_\_\_

7. METABOLIC ASSESSMENT

Indirect Calorimetry (Respiratory Services)

8. PROTEIN SUPPLEMENT

ProPass \_\_\_\_\_ packet \_\_\_\_\_

Flushed via feeding tube

NURSING INTERVENTION

- Follow nursing procedure for tube placement. Prior to starting feeding, confirm placement with auscultation.
- **Label container with patient name, date and start time.**
- Check residuals every 4 hours. Return residual to stomach if < 250 ml and continue feeding. If residual > 250 ml, return 250 ml of residual to stomach, hold feeds for one hour and re-check. Notify M.D. if residuals remain elevated on two consecutive occasions. Re-start feeding when residual trend is lower.
- If patient has nausea, vomiting, abdominal distention or respiratory distress hold feeding and contact MD.
- Keep HOB elevated 30 degrees when feeding is infusing.
- Check placement of feeding tube every 4 hours by auscultation.
- Closed system bottles of formula should be discarded when tubing changed.

Drug-Nutrient Interaction:

If patient is on a continuous drip tube feeding and if suspension **Dilantin (Phenytoin)** is ordered, contact MD to change to IV **Dilantin**. (**Dilantin** suspension must be given on an empty stomach at least one hour before and after **Dilantin** administration.)

If patient is on a continuous drip tube feeding and the **IV Insulin Protocol**, tube feeding should **not** be interrupted unless specified by MD.

If patient is on a continuous drip tube feeding and if **p.o.** Fluroquinolones (Ciprofloxacin and Levofloxacin) are ordered then feedings will be held one hour prior and one hour after administration of these medications.